

Dr Samantha Masley

Chartered Senior Clinical Psychologist

Personal Details

I am a Chartered Senior Clinical Psychologist within the NHS and private practice. In addition to working with individuals with variety of difficulties, I also offer clinical supervision to other Clinical Psychologists and members of a multi disciplinary team. In addition to 1-1 supervision I also offer group supervision and reflective practice.

Email: samanthamasley@yorkshirepsychologypractice.co.uk

HCPC registered (PYL27303)
British Psychological Society Membership

Educational Achievements

2011 University of Edinburgh: Doctorate in Clinical Psychology
2006 University of York: BSc (Hons) Psychology, 2:1 (BPS accredited) Other Skills/Qualification

Clinical Developments

2016 Building Bridges: Acceptance and Commitment Therapy Conference
2016 Expert Witness training with Bond Solon Excellence in Written Reports
2016 Acceptance and Commitment Therapy with Steve Hayes
2015 Acceptance and Commitment Therapy Bootcamp with Russ Harris
2014 EMDR training part 4
2013 EMDR training (parts 1,2 and 3)
2013 Supervisor training University of Leeds
2014 Mindfulness group facilitator
2010 Attended two day training in Schema Therapy (presented by Dr. Young)
2008 Member of the Scottish Personality Disorder Network

Publications and Research Interests

- Masley, S.A., Gillanders, D.T., Simpson, S.G., Taylor, M.A. (2011). A Systematic Review of the Evidence Base for Schema Therapy. *Cognitive Behaviour Therapy*.
- Gillanders, D.T., Bolderston, H., Bond, F.W., Dempster, M., Flaxman, P.E., Campbell, L., Kerr, S., Tansey, L., Noel, P., Ferenbach, C., Masley, S., Roach, L., Lloyd, J., May, L., Clarke, S., Remington, B. (2014). The Development and Initial Validation of the Cognitive Fusion Questionnaire. *Behavior Therapy*. volume 45, issue 1, year 2014, pp. 83 - 101
- Ongoing research looking at the psychological resources used by staff working within Palliative Care.

Work Experience

2015-Present
Senior Clinical Psychologist working within Palliative Care. Bradford District Care Trust

2015-Present
Honorary Lecturer: University of Bradford

2014 -Present
Independent Psychologist working with a variety of different challenges including trauma, sexual abuse, anxiety, depression, work related stress, relationship difficulties and adjustment to illness or injury.

2011-present
Clinical Psychologist, Bradford District Care Trust. I currently work in a Medical Psychology Department. I specialise in Palliative Care and working with individuals who have a diagnosis of COPD. I run a number of groups including Mindfulness and Acceptance and Commitment Therapy and a therapeutic group for Bereaved Partners.

2008- 2011
Trainee Clinical Psychologist. NHS Grampian: Various clinical placements within the doctoral program. I worked in Adult Mental Health, Child Adolescent and Family services, Older Adult and Neuropsychology, Learning Disability and an Eating Disorder team.

2008 **Assistant Psychologist:** Substance Misuse, Forensic Services Leeds Road Hospital, Bradford.

2007 **Community Involvement Project Officer.** Bradford Older People's Health in Mind. Social Services. Bradford Council.

2006 - 2007 **Support Worker:** Learning Disabilities, United Response, York.

2005-2006 **Support Worker:** Brain Injury Rehabilitation Unit, York House, York.

2006 **Support Worker:** Youth Offending Team, York District Council.

2003-2006 **Health Care Assistant,** British Nursing Association, York.

2003-2005 **Mental Health Support Worker,** The Retreat, York